



# Fulton County Commission on Elder Affairs

General Meeting Summary | October 14, 2022

**ATTENDANCE:** Board Members - 5; Senior Services Staff - 2, Visitors - 5

**MOTIVATIONAL THOUGHT: “The Importance of Resilience”** - Resilience is the ability to recover quickly from difficulties. Resilience is an important trait for leaders. Nelson Mandela is quoted as saying, “Do not judge me by my success; judge me by how many times I fell down and got back up.”

## **MONTHLY INFORMATION FEATURE**

- 1) Senior Safety- Patrol Officer Idlett: The top three concerns are fraud and scams against seniors, theft of property from cars, and threats from those within the home. The advice given for each respectively are A) Do not divulge personal information to anyone over the phone. B) Maintain a clean car with no valuables. C) Know and trust those who have access to your home.
- 2) Voter Updates for 11/22 Election – Shantel Stephens: Advance voting begins on October 17 and ends November 4. If voting absentee, mail ballots or deliver to election offices (see locations online). There are currently only 7 drop boxes, down from 35. The runoff is scheduled for December 6.

## **COEA OFFICER REPORT**

**Chairperson Ray** – Reported on the recent webinar on September 29. It was successful with 34 attendees. The Long-term Care workshop in November will be through a scheduled webinar by New York Life. Links will be provided.

## **COMMITTEE REPORTS**

- **Communications** – R. Elliott reported that she continues to advise residents of her building and others about meetings and encouraging attendance.
- **Programming** – M. Ray reported the COEA completed the 2<sup>nd</sup> webinar of 2022 on September 29 with Alicia Lipscomb from Social Security and Janet Payne from GA SHIP as presenters. The topic for the November monthly meeting is Managing Emotional Health.
- **Civic Life** – M. Ray stressed the importance of voting in the upcoming election and in voting early.

## **DEPARTMENT OF SENIOR SERVICES UPDATES**

- Mr. Gregory gave the report. 92 COVID booster shots delivered to seniors at Multipurpose sites.
- Senior Summit will be held at the Darnell Center on October 21 at 10am.
- Plans underway to restart following programs at four facilities: AARP diving course and hair salons.
- Senior Services appealing to ARC for funding for alternative transportation program.

## **UNFINISHED BUSINESS**

- Long-term Care webinar will not be initiated by COEA, but members encouraged to participate in scheduled events. Chair will provide info via email.

## **NEW BUSINESS**

- The COEA election will be held in January. Two members volunteered to serve on the nominating committee to identify candidates: Mary Blake and Rosalind Elliott

## **ANNOUNCEMENTS**

- The Atlanta Mayor's Ball will be held on October 22.
- Next meeting will be on November 4<sup>th</sup>, one week early due to holiday